





## A Message from the Principal

Welcome to St. John Paul II Catholic School, where students come first. We are thrilled you have chosen to become part of our Catholic learning community. It is no accident that St. JPIL has developed a reputation as having a caring, Catholic climate where teachers are committed to assisting students to become the best they can be.

St. John Paul II Catholic School serves the community of Fort Saskatchewan and surrounding area and currently provides a faith-based educational program to over 380 students in grades 9-12 and we continue to grow. Our small size allows staff to get to know students and better allows us to support all students in their learning. St. JPIL offers a broad-base of programs including a strong Fine Arts program, a wide variety of CTS and fitness courses, French, and many other options. Moreover, we have a robust and very successful distance learning program that further expands our course offerings. In addition, we have a very successful RAP and Work Experience program that aids our students in transitioning into life after high school.

We also have an extensive extra-curricular program. We belong to the Edmonton Metro League which allows our students to compete in the greater Edmonton region in athletics. We offer several travel clubs and offer an annual Europe trip to those interested, we participate in a Japanese exchange program, and have an annual ski trip to the Rockies. We have an active Leadership program that is very involved in the school and offers the opportunity to be involved in several leadership development activities and excursions. Other activities include our Game Club, Yearbook Club, our Student Wellness Action Group (SWAG), Drama Club, as well as intramural sports. We encourage students to be involved in as many things as possible to get the most out of their high school experience! My hope is that your time at St. JPIL is rich and rewarding and that God blesses you and your journey through high school.

Steve Tymko, Principal

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## Mission Statement

The mission of St. John Paul II Catholic School is to provide a thoroughly Catholic education that pursues excellence and Christian virtue in all things. Inspired by the love of Jesus Christ, we seek to lead students to become active participants in building a community of faith, hope, and love. In the words of our patron, Saint John Paul II, “let your faith shine before the world”.



**KNOWLEDGE, FAITH AND PRIDE - ACQUIRED AND RETAINED FOREVER**

## Our Logo

The Papal Swiss Guard are soldiers who have served as guards of the Pope and the Vatican for the last 500 years. They have a high reputation for discipline and loyalty. The great Latin historian, Tacitus, said: “The Helvetians (Swiss Guard) are a people of warriors, famous for the valour of their soldiers”. It is the symbol of the Swiss Guard that St. John Paul II Catholic School has chosen to be its logo. The Swiss Guard honoured Pope John Paul II with their loyalty and faith, and we honour our namesake by looking to their example of discipline, faith, and excellence.







#### St. JPII Offers You...

- Warm, caring, Catholic environment
- Christ centered learning
- Leading edge technology
- Leadership skills and opportunities
- Dynamic and energetic staff
- Retreats to build a stronger community
- Personal contact - every student matters
- Academic, personal, and faith-based counselling

#### Proud Traditions...

- Academic excellence
- Competitive teams
- Faith formation
- Service learning for all
- Vibrant student leadership
- Second language learning
- Great extra-curricular experiences
- Positive inclusive learning environment

## WHY CHOOSE ST. JOHN PAUL II?

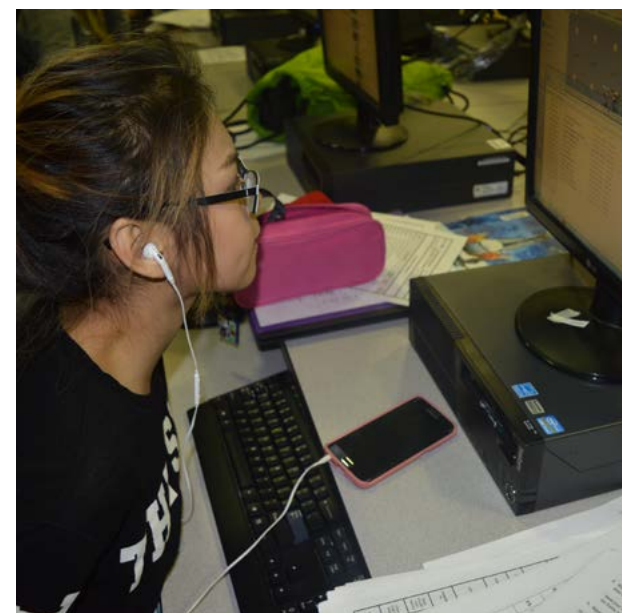
#### Opportunities To Get Involved In...

- Athletics
- Grad committee
- Student leadership
- Drama club and Musical Theatre
- Retreats
- Yearbook
- Ski trip
- Europe trip
- Japanese exchange...



#### 21st Century Learning Opportunities...

- Choices in learning and teaching formats
- Distance learning to supplement program
- Peer mentorship
- Community volunteerism
- Personalized learning plans
- Career pathways model
- Flexible learning environment
- Strong community partnerships



## Registration Procedures

- Pre-registration begins in March when our school administration and counsellor meet with grade 8 students from OLA.
- Students entering St. JPII from outside our system must meet with the principal to register.
- All students should discuss their program with their parents and school administration or counsellor to ensure their program meets their needs.
- Every effort will be made to accommodate student program and course requests.
- Where space is limited, registrations will be made on a first-come, first-served basis.
- Students finding it necessary to revise their registration because of a change in educational plans or failure of a pre-requisite course must see the counsellor or administration before or during the first week of the semester.
- All course offerings are subject to sufficient enrollment in the class.
- For all course fee information, please see our website at [stjp2.eics.ab.ca](http://stjp2.eics.ab.ca)



# STUDENT SERVICES

The philosophy at St. John Paul II is to meet the needs of all students and assist them to develop mentally, physically, socially, and spiritually in a Catholic community living the Gospel value of “Everyone Belongs.” In our school we follow an inclusive model where all students participate in the classroom and broader school setting. We strive to provide a caring, supportive environment for students with behavioural, communication, intellectual, learning, and physical challenges. Our students are encouraged to foster an understanding of their strengths so that they can develop a strong sense of self-worth. In addition, we provide opportunities for all students to participate in school activities so that they better understand their interrelationship with others and continue to build on their strengths. When children are valued, listened to, encouraged, understood, and believed in, they will be successful.

## Counselling

St. John Paul II High School uses a Comprehensive School Guidance and Counselling Plan. It is a collaborative partnership among the school, home, parish, and community.

There are four components to our counselling program:

- Developmental Guidance Instruction
- Responsive Services
- Individual Student Planning
- Career Planning

## Career Cruising

In 2014 St. John Paul II implemented the Career Cruising Education Planner as a tool for our students. This is an Internet based program that allows students to plan their high school course selections and track their progress towards graduation. As an Internet based program, it is also accessible at home and is a great tool for students and parents to use together. Options in the program include a high school planner, goal setting section, career explorations, post-secondary explorations, and a resume and cover letter builder. Visit [www.careercruising.com](http://www.careercruising.com).

## Chaplain

The responsibility of the school chaplain is to provide leadership in Catholic Faith to the students and staff of St. John Paul II Catholic School. This involves being a ‘faith-presence’, encouraging and challenging the school in its mandate of “seeing Christ in everyone”. The Chaplain works to ensure that our school community be vibrantly and visibly Catholic. The role of the Chaplain includes teaching and facilitating religious education, as well as facilitating prayer services and Masses, school retreats and service projects. It also includes meeting students on an individual basis for spiritual guidance or informal counselling, and working closely with the religious education teachers, liturgical committees, faith related groups and activities etc. at the school.



## Student Centre

The Student Centre exists to provide program support as well as an alternative learning space for students. Run successfully for the past ten years, the centre is staffed with certified teachers with subject experience in a wide variety of areas. Students are able to access and work on Alberta Distance Learning courses or follow up on career or vocational decisions.

The Student Centre is a work centre. Students are encouraged to work on homework or assignments before school, at lunch, or after school. The facility is also used as a writing centre for exams when individual assistance is needed.

Students who are unable to enroll in a class due to scheduling conflicts or the fact that a program is not offered in the school, may register in Distance Learning courses with the approval of the Principal. Students must register through the school in order to take Distance Learning courses, and will be assigned to the Student Centre in a specific block for academic support. Attendance is mandatory.

**KNOWLEDGE,  
FAITH AND  
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FOREVER**





# PATRIOT ATHLETICS

Each school year St. John Paul II fields competitive and disciplined athletic teams. Our emphasis is on skills, sportsmanship, competition, and teamwork. With each sport, we field both boys and girls teams. Our junior teams consist of Grade 9 students, and our senior teams consist of students in Grades 10-12. Our senior teams belong to the Edmonton Metro League, which means we have short travel distances to games and are able to compete against a range of teams throughout the greater Edmonton region.



- Senior Teams**
- Volleyball
  - Basketball
  - Badminton
  - Track & Field
  - Golf
  - Rugby
  - Curling
  - Cross Country Running

- Junior Teams**
- Volleyball
  - Basketball
  - Badminton
  - Track & Field
  - Rugby

**Intramural Activities**  
A long-standing tradition at St. JP II is our popular intramural program with activities such as basketball, volleyball, flyback, dodgeball, and other sports. The intramural program runs at lunch in the gym and is a great way to stay in shape!



## Leadership

The Leadership team endeavours to create an atmosphere where every student feels they have a place in our school community. Year-round activities, provide students with the opportunity to participate in events and get involved! In the past, events have included a drive-in movie night, “wrap the teacher,” St. Patrick’s day celebrations, Halloween activities, and St. JP II clothing orders.

## SWAG (Student Wellness Action Group)

The SWAG (Student Wellness Action Group) is a group driven by students who are hoping to encourage wellness in all of its forms for the students and staff of St. John Paul II. The goal of the group is to increase the visibility and awareness of wellness in our school through free events and promotion. They hope to make healthy choices for mind, body, and spirit more accessible to the St. John Paul II community.

## Ski Trip

Each year interested students have the opportunity to get out and enjoy the splendour of our mountains while engaging in physical activity. All students are welcome!

## Yearbook Committee

Each year students from all grades are needed to take pictures and prepare pages for the annual yearbook. The yearbook committee needs students with enthusiasm and good ideas!

## School Celebrations

The St. JP II school community regularly participates in the liturgical year. Many individuals are needed to plan and prepare these celebrations. If you would like to work on our celebrations committee, please see Mr. Walker.

## St. JP II F.A.I.T.H. Group

Students have the opportunity to explore and grow in their faith in a safe and supporting environment. We participate in functions and events that help students build and strengthen their relationship with God. Events include attending local youth day rallies and retreats, social justice activities in the community, helping out with faith development in younger grades, and attending The National Catholic Youth Conference in Indianapolis, IN on a bi-annual basis.

## Japanese Exchange

Every three years in April, approximately 160-200 Japanese students travel to Alberta for two weeks. During this period they are billeted with Alberta families and attend classes in their host schools. In July, Alberta students pay a return visit to Japan to stay with Japanese families. St. JP II has participated in this program since 2010 and are involved every three years giving students the opportunity to participate at some point during high school. The next year St. JP II will participate is 2016. Please see Ms. Zaleschuk for more information.

## Europe Trip

Each year St. John Paul II hosts an educational tour to Europe. Tours offer students the opportunity to discover and learn about different cultures.

## Games Club

The Games Club is made up of an amazing group of individuals that game during the lunch hour. The club welcomes any interested students and is continuously growing. The philosophy of the club has always been one of inclusion, and we have been very successful in maintaining that idea. Ours is a club that accepts everybody - so please join us!

## Drama Club

Drama club is for all students who are dedicated and driven to improve their acting skills. Being part of the theatre is a great way to meet new people, take risks, and grow. Students will learn about the essentials of acting, stagecraft, types of drama, and the process of putting together a production.

## L.I.F.E. Club

The L.I.F.E. (Lived Inclusion for Everyone) Club is to support students who may be at-risk or marginalized that wish to create a support network that may choose advocacy, peer support, or other activities that support our inclusive Catholic community. This club is currently inactive and will be activated upon student request or need.

# Required Courses

All Grade 9 students are required to take Language Arts, Math, Science, Social Studies, Religion, Health, and Physical Education. A Provincial Achievement Test (PAT) is administered at the end of Language Arts, Math, Science, and Social Studies. Grade 9 students follow the same two-day timetable as Grade 10-12 students, with a few alterations. See the sample timetable for details.

Please note:  
A student's final marks in Language Arts, Math, Science, and Social Studies determine whether the student is eligible for academic or non-academic courses in Grade 10. See the grade recommendations in the Grades 10-12 section of this handbook. See the counsellor for career planning, high school pathways, etc.

# GRADE 9

Sample Grade 9 Timetable (may vary depending on program and individual student needs)		
	Semester 1	Semester 2
Block 1	Language Arts	Mathematics
Block 2	Physical Eduation	Health/Religion
Block 3	Science	Social Studies
Block 4	Option 1/Option 2	Option 3/Option 4

## Complimentary Grade 9 Courses

### Art 9

A hands on class! Students learn art by making art. Students explore a wide variety of projects where they will experience different kinds of media such as: paint, charcoal, pastels, clay, and wire sculpture. Students will learn how to draw realistically, how to draw in perspective, how to use colour, and how to make 3D forms.

### Communication Technology 9

Communication Technology gives students the opportunity to develop their awareness of presentations and communications, print, and media design. Students will work with Microsoft and Adobe software to explore digital presentations, graphic design, computer animation, and video production.

### Broadcasting 9

Part of the Communication Technology cluster of courses, students learn the basics of video broadcasting and editing, and how to create powerful visual messages. Students will learn how to create live broadcasts, learn camera shots, video editing, and to use a green screen.

### Choral 9

This course is for both novice and experienced singers - all are welcome! Students will study music theory, sight-reading, and sight-singing skills, as well as constantly improve their vocal technique. Students are encouraged to engage with music of all genres, allowing them to heighten their love for singing. Students will work as a unified group in preparation for an end of semester production.

### Fashion Studies 9

This is a basic sewing course intended to familiarize students with the operation of a sewing machine, reading pattern instructions, and learning correct sewing techniques (by hand and machine). Projects may include stuffed animals, purses, handbags, pants and tops.

### Musical Theatre 9

This course gives students the opportunity to combine their passion for dancing, singing, and acting, and hone their skills in each of these disciplines. Performers will work together in preparation for an end of semester production. It will also delve into the history of musical theatre and the well known performances of past and present. Come share your love of the Fine Arts!

### Drama 9

Drama is a course for students who enjoy all aspects of theatre including movement, speech, theatre studies, improvisation, and acting. The goals of the program are that students will gain an understanding of themselves and others, develop quality communication skills, and gain knowledge of theatre as a process and art form. Opportunities will be presented to students who wish to participate in performances and productions.

### Wellness 9

Wellness 9 is designed to assist students in striving for wellness in all aspects of their lives. Through this course, students will be supported in expressing the full range of their unique potential and have opportunities to reach out into their community and to explore nature. This course focuses on the Human & Social Services, Community Care Services, and Environmental Stewardship strands of the Career and Technology Foundations curriculum.

### Food Studies 9

During this introductory foods course, students will learn about the nature of food. They will learn how to select, prepare, and serve foods. Additionally, students will begin to understand “why” by learning about the composition and structure of food, function of ingredients, and the principles involved during preparation. Students will practice safe and sanitary food handling and safe use of equipment throughout the lab component of this course.

### Outdoor Education 9

This program is designed to assist students as they begin their journey to use the outdoors in a responsible manner. Students focus on team building to help prepare them to work together to solve problems during outdoor activities. This activity-based program will promote a healthy lifestyle and is based on the ideals of Low Impact Camping Techniques (LICT).

### Guitar 9

This course offers students the chance to learn how to play the guitar. The course will teach basic guitar care, theory, chords, scales, finger picking, and tab literature. A number of styles will be explored. Independent study will be encouraged, as students will be expected to choose and practice songs that fall within their range of abilities. Students will be expected to provide their own acoustic guitar. Rental options will be available through the school.

### Photography 9

This course is designed as an introduction to photography where students will develop basic skills in camera use and photographic composition. Students will learn basic Photoshop skills, basic photography theory, as well as basic photography skills and application. Students enrolled in the course will have access to DSLR cameras and photography equipment. If you have an interest in computers, cameras, and photography this is the course for you!

### French 9

Pre-requisite: French 8  
French 9 continues the audio-lingual approach to the learning of a second language as experienced by students in Grade 7 and 8. This course helps students build on existing learning, and expands the student's knowledge and attitudes.

### Recreation Leadership 9

This course is designed as an introductory course for Personal Fitness. The course is experiential, meaning the focus is to experience the various components of training and fitness with less emphasis on theory. Students will experience fundamental movements and concepts related to proper warm up, mobility, resistance training, energy system development (ESD), and speed/agility/quickness (SAQ) training. Other concepts covered include basic anatomy and exercise physiology, coaching, nutrition, and injury management. Students will experience some other healthy lifestyle activities and sports as well.





# GRADES 10-12

## Course Offerings

St. JPIL offers a comprehensive range of high school courses to meet the needs of every learner. We offer every core high school course available from Alberta Education, as well as a diverse range of option courses. For those students who do not find what they are looking for in our core and option course offerings, we offer a further range of courses that can be taken through Alberta Distance Learning through our Student Centre (see page 6). In addition to this, we have a very robust RAP and Work Experience Program to further meet the needs of our students (see page 19).

## Credit Load Requirements

**Grade 10**  
Students are required to carry a minimum of 40 credits, including Religious Education 15. Grade 10 students may not have a spare.

**Grade 11**  
Students are required to carry a minimum of 35 credits, including Religious Education 25.

**Grade 12**  
Students are required to carry a minimum of 30 credits, including Religious Education 35. Students must meet the credit requirements of Alberta Education to graduate and obtain a High School Diploma.

## Information for Grade 9 Students Entering High School:

In creating your own personalized learning plans, each student has his/her own abilities, interests, and values. Being aware of these will help you decide what you should study in high school and what goals you should set for yourself. Take a realistic look at yourself; consider your profile on the My Blueprints Program you began in Grade 9.

First, consider your abilities.  
Your marks in Grade 9 may be an indication of your abilities. Your chance of success in high school will be greater if you build upon abilities you already possess.

Second, review your interests.  
Certain subjects are associated with certain interests. School can be more enjoyable when you study subjects you find interesting.

Third, think about the kind of person you want to be and the kind of life you want to live.  
Your values play a role here. What is important to you? Once you know your abilities, interests, and values, you can set your goals and begin to plan your course of studies.

Finally, get involved!  
High school life is more than just academics. For a full high school life, experience as much as the school offers. We encourage you to join sports teams, clubs, and other organized groups.

# GRADUATION REQUIREMENTS

Course	Minimum Requirement	Credits Required
English	10, 20, 30	15
Social Studies	10, 20, 30	15
Mathematics	10, 20	10
Science	10, 20	10
Religion	10, 20, 30	9
Physical Education	10	3
CALM	CALM	3
CTS/Fine Arts/Second Language	A minimum of 10 credits	10
30 Level Courses	10 credits other than Social and English	10
76 specified credits / 24 unspecified credits		

- Please Note:
- To earn the Alberta High School Diploma, a student must earn a minimum of 100 credits.
  - For 30-level courses that have a diploma examination, the final course mark consists of a blend of the school-awarded mark and the diploma examination mark.
  - Students may earn any number of credits in Work Experience, but only 15 credits may be used to meet the 100-credit requirement for the Alberta High School Diploma.

## Graduation Participation

In order to participate in the graduation events at St. John Paul II students must:

- Be enrolled at St. John Paul II Catholic School during the present year;
- Be enrolled in a minimum of 20 credits in Grade 12;
- Have successfully completed Religious Education 35, or must be enrolled and passing the course at mid-term in semester two;
- Have met all Alberta High School Diploma requirements as outlined beside;
- Have paid all outstanding school fees prior to being placed on the grad list;
- Be on track to complete their high school diploma by the end of June in their graduation year;

The official graduation list will be posted following the first reporting period of semester two.



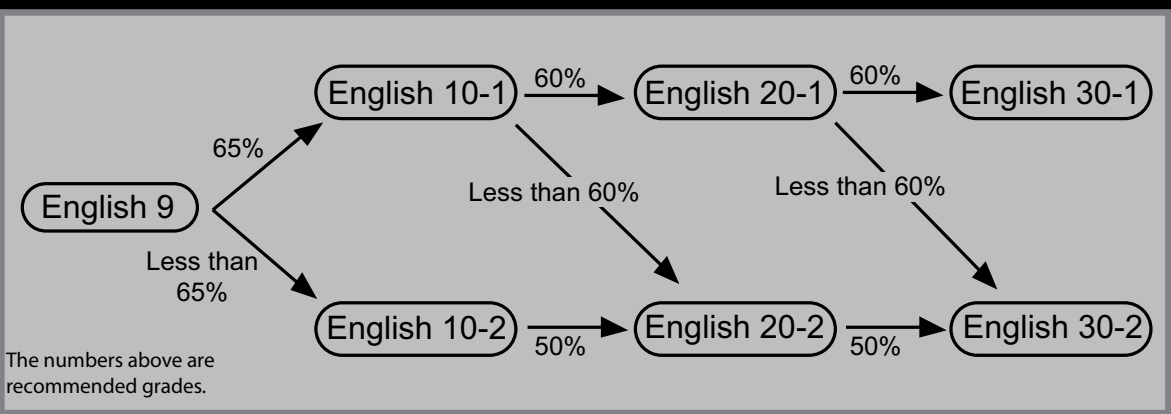
# English Language Arts

## 10-1 / 20-1 / 30-1

(5 Credits)  
In the academic stream of English Language Arts students will study, in depth, the literary genres of modern drama, short story, novel, Shakespearean drama, film, essay, and poetry. Along with these in-depth literary studies, student expectation to respond critically and personally to these texts becomes progressively more advanced in preparation for university. A variety of writing, reading, and project based assignments are designed to strengthen comprehension and communication skills. The academic stream is a rigorous course designed for students who want to gain university entrance. Students who wish to register in this stream should achieve a 65% or higher in English 9 and a 60% or higher in their high school prerequisite courses (see chart below). At the 30-1 level, students will be required to write a two-part Provincial Diploma worth 50% of their final mark.

## 10-2 / 20-2 / 30-2

(5 Credits)  
This functional stream of English Language Arts is designed for students who do not plan on attending university or for students who struggle with the course content of English Language Arts. A variety of literature, print, and visual texts will be studied in order to further develop students' reading and writing skills. Students may be able to use this course for SPECIFIC post-secondary entrance. At the 30-2 level, students will be required to write a two-part Provincial Diploma worth 50% of their final mark.



# MATHEMATICS

Don't know which mathematics route is best for you? Consider taking:



## Mathematics -1

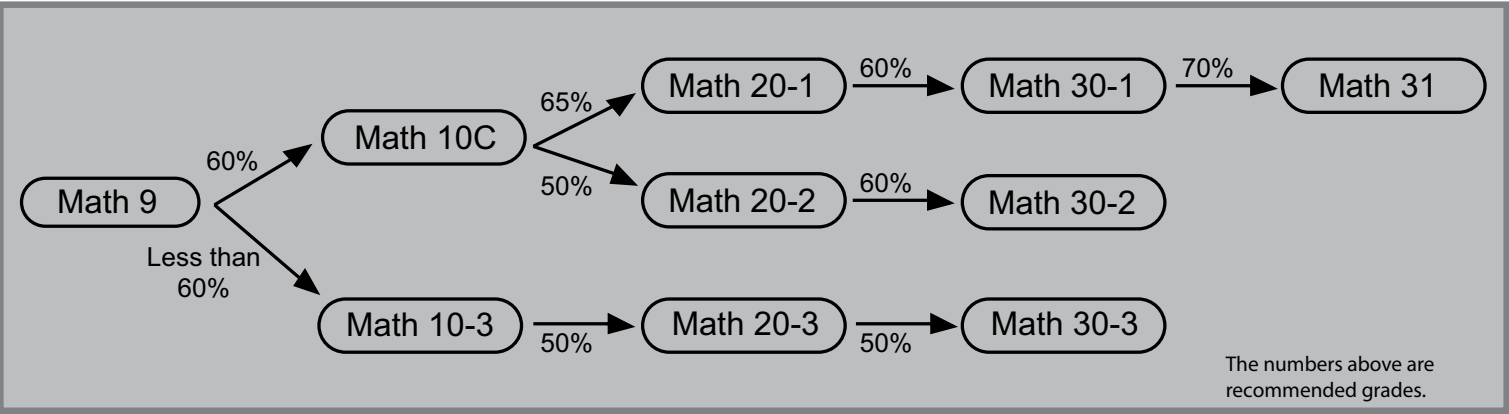
(5 Credits)  
Do you want to study mathematics or sciences at a university, college, or technical institute and go on to a related career? This route is for students who plan on entering post-secondary programs such as engineering, mathematics, sciences, some business studies, or other programs that require advanced math skills. This sequence is a co-requisite for Mathematics 31 and may be required for post-secondary calculus courses.

## Mathematics -2

(5 Credits)  
Do you want to attend a university, college, or technical institute after high school, but do not need calculus skills? This route is for students who plan on studying at the post-secondary level in diverse fields, including arts programs, some engineering technologies, medical technologies, and some apprenticeship programs. This path will fulfill most students' needs. Mathematics -2 is designed with a great deal of flexibility, so that the student may switch sequences in Grade 11 or 12 if his or her interests change.

## Mathematics -3

(5 Credits)  
Are you interested in learning the mathematics needed to enter most trades or will you be entering the work force after high school? This route is for students who plan to apprentice in a trade or enter the work force directly after high school. It is designed to meet the entrance requirements for apprentices in most trades programs.







### Science 10 / 20 / 30

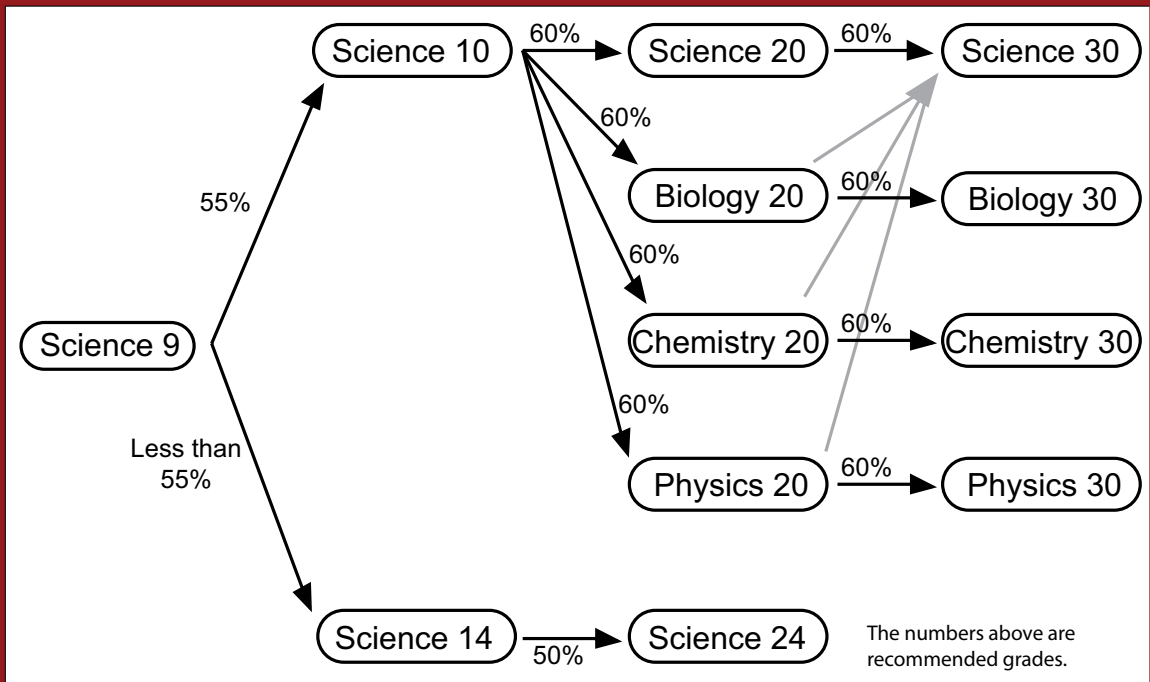
(5 Credits)  
Science 10, 20, and 30 are general science courses intended for students who want to study science without specialization. They combine the study of Biology, Chemistry, and Physics into one course. All students must take Science 10; from here they can continue on in Science 20 and 30, or specialize into Biology, Chemistry, and/or Physics. These courses are recommended for students who plan on attending university, college, and select technical school programs. Students should earn a 55% in Science 9 and a 60% in high school prerequisite courses to continue in this course sequence (see chart below). All 30-level courses in this academic course stream have a Provincial Diploma worth 50% of the final grade.



### Science 14 / 24

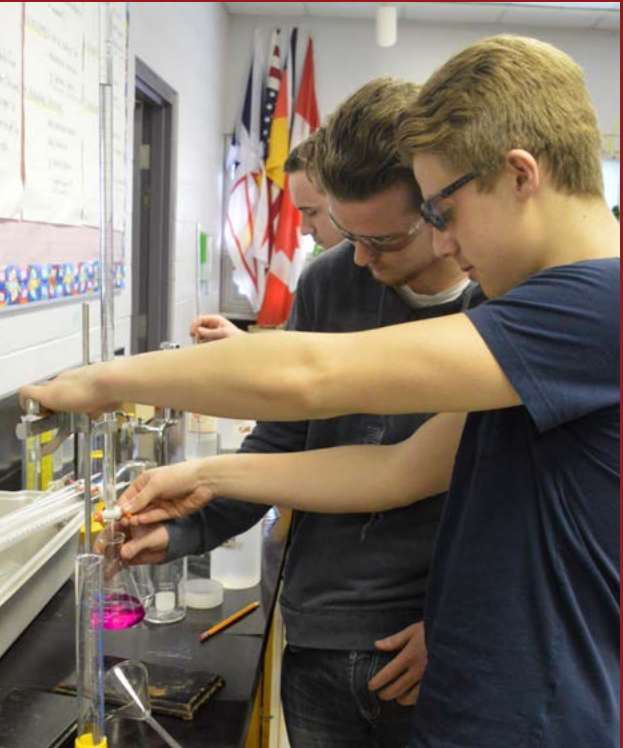
(5 Credits)  
Science 14 and 24 concentrate on hands-on and practical science concepts. These courses are geared for students who do not plan on attending university, but will be entering trade schools and select college programs, and for students entering the work force directly from high school. This route satisfies the requirements for a high school diploma but does not have a Provincial Diploma Exam at the conclusion of the program.

# SCIENCES



### Biology 20/30

(5 Credits)  
Biology is a natural science concerned with the study of life and living organisms, including their structure, function, growth, evolution, distribution, and taxonomy. Some topics covered in Biology 20 and 30 include ecosystems and populations, human systems, cells, reproduction and development, genetics, and the nervous and endocrine systems. Biology 20 and 30 are requirements for pursuing further study at post-secondary institutions in areas such as general sciences, dental assistant, kinesiology, nursing, physiotherapy, medicine, and radiation technology.



### Chemistry 20/30

(5 Credits)  
Chemistry provides an ordered way of learning about the nature of matter, based on observation and evidence, through laboratory discovery and course work. Chemistry 20 and 30 courses explore the science of fizz, pop, flame, and BOOM! through the study of bonding, gases, solutions, acids and bases, titration, thermodynamics, electrochemistry, equilibrium, and organic chemistry. Chemistry 20 and 30 are recommended for students who plan on entering a science-based post-secondary field such as animal studies, IT and electronics, engineering, nursing, sciences, and trades.



### Physics 20/30

(5 Credits)  
Physics is the study of matter, energy, and the interactions between them. Students may wish to take Physics 20 and 30 if they have a desire to investigate and understand how things work, and have a strong mathematical background. Physics 20 and 30 is recommended for students who plan on entering post-secondary fields such as power-engineering, ultrasound and x-ray technician, engineering, and medicine.





# SOCIAL STUDIES



## 10-1 / 20-1 / 30-1

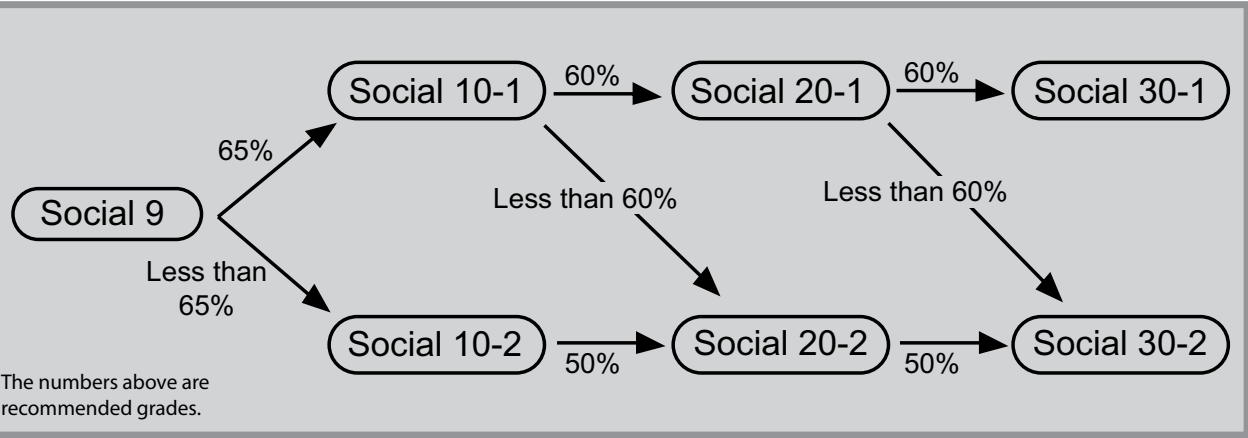
(5 Credits)

In the academic stream of Social Studies students will acquire, analyze, and evaluate information about the history of the world beginning with the Age of Discovery to the Modern day through the lens of globalization, nationalism, and ideologies. Students will be trained to apply this material to many different examinations in preparation for post-secondary programs. Students will gain an appreciation for the greater world issues and gain an in-depth knowledge of how these issues affect their lives and society. Students are expected to work through the content at a higher standard, and emphasis will be placed on the ability to create and defend a position with evidence and understanding of the course content. There will be an emphasis on formal humanities-style writing. Students should earn a 65% in Social 9 and a 60% in high school prerequisite courses in order to continue in this course stream (see chart below). Social Studies 30-1 includes a Diploma Exam worth 50% of the final mark.

## 10-2 / 20-2 / 30-2

(5 Credits)

This functional stream of Social Studies is taught in a manner that is more accessible for students that are less interested in Social Studies or do not plan on attending university or select college programs. This stream is geared mainly for students attending select college programs or technical school programs, and for students entering the work force directly after high school. The information and class content is very similar to that of the Social Studies -1 stream, however the evaluation of the curriculum is different and the study of material is less intense. This stream offers students a diploma route that emphasizes hands-on learning, more oral discussion, and a de-emphasis on rigorous exams and formal writing. Social Studies 30-2 includes a Diploma Exam worth 50% of the final mark.



# CAREER & LIFE MANAGEMENT (CALM 20)

(3 Credits)

All high school students in Alberta are required to complete CALM 20 to earn a High School Diploma. The primary objectives of the course are to help the student to develop a positive self-concept and an understanding of personal interests, values, aptitudes, and abilities; to promote independent personal management by developing the ability to make choices and accept challenges; to develop an understanding of health as a resource for everyday living; to develop knowledge about career options; to develop the ability to deal with feelings; and to develop an awareness of sexuality, its implications and the choices related to it.



# RELIGIOUS EDUCATION

Religious Education is an essential part of all student programs at St. JP II Catholic School. Students are required to successfully complete Religious Education at each grade level. In addition, students are required to complete 10 hours of volunteer service work at each grade level, with the encouragement to complete more for additional credit. In order to participate in graduation ceremonies, students must have successfully completed Religious Education 35, or be passing at mid-term in the final semester of grade 12.

## Religious Education 15

(3 Credits)

The aim of this course is to assist students, with the help of the Gospel, to participate as Christians in the shaping of our culture. The program explores major cultural issues from a Christological perspective. Beginning with their own life experiences, students acquire a deeper and more systematic knowledge of themselves, Christ's message, and the Church. Connections between the Church and contemporary culture are explored in terms of what it means to be a responsible adolescent disciple developing as a member of a Catholic Christian community while living within the context of a broader culture.

## Religious Education 25

(3 Credits)

This course invites students to deepen their relationship with Jesus through a prayerful study of Scripture. Students will explore the Jewish historical, religious, and cultural world into which the Messiah was born and the Old Testament covenants fulfilled. Using the Gospels as primary sources, the course explores Jesus' birth, early life, and ministry; his preaching of the Kingdom of God; his teachings and miracles. It focuses on the events of Jesus' death, resurrection, and ascension – looking to their central significance in the Church's understanding of Jesus as the Christ, the Son of God.

## Religious Education 35

(5 Credits)

This course challenges students to understand themselves as moral persons called to discipleship by living the way of Christ. Through an examination of ethical theories, the revelation of sacred Scripture, and the lived experience and teaching of the Catholic Church, the course invites students to mature as active participants in their faith. At the heart of catechesis is the human search for happiness as the completion of the superabundant love of God. This course encounters the tension between the revelation of God's love to humankind and explores our response through human reason - particularly in the areas of freedom, justice, human relations, ecology, reconciliation, community and political life.





# Work Experience 15/25/35

Prerequisite: HCS 3000  
(3-10 Credits)

Work experience students will participate in meaningful work following placement at one of a wide range of stations in Fort Saskatchewan. Interested students shall meet with the Work Experience coordinator early in the semester and receive the Work Experience Handbook.



# Registered Apprenticeship Program (RAP)

Prerequisite: HCS 3000  
(5-40 Credits)

The Registered Apprenticeship Program (RAP) provides an exciting opportunity for students to explore the world of work. Students who have a keen interest in a trades career will be placed at a work site for half of their grade 11 and 12 years. High school credit and apprenticeship hours can be earned while working in one of the over 50 available trades in Alberta. Under the guidance of a Journeyman, students are afforded the unique opportunity to begin a career while still in high school. For further information, contact the RAP Coordinator. A RAP apprentice must be paid at least minimum wage (usually more) and Alberta Education is responsible for worker’s compensation coverage for RAP apprentices. The first 1000 hours go toward a first year apprenticeship program at NAIT or SAIT. St. JPII is blessed by a number of community partnerships which allow our students to engage in RAP placements.

# Workplace Safety Systems (HCS 3000)

(1 Credit)  
Students gain the attitudes, knowledge, and skills related to workplace health and safety and examine relevant legislation required in the workplace. This course is the pre-requisite for participating in Work Experience 10/20/30 and the Registered Apprenticeship Program (RAP) and is offered in CALM 20.

# Workplace Safety Practices (HCS 3010)

(1 Credit)  
Prerequisite: HCS 3000  
Students explore workplace safety principles and practices, and apply these principles and practices to a variety of contexts. This course is recommended for students entering the Registered Apprenticeship Program (RAP) and is offered in CALM 20.

# PHYSICAL EDUCATION

## Physical Education 10

(3 Credits)  
This course places an emphasis on developing and refining skills of familiar sports as well as an introduction to unique recreational games. Attention is given to the basis of skill development and understanding strategies common to many different sports, and an examination of physical fitness practices and the theory behind them. Sportsmanship and respectful interaction between students, wellness, and active lifestyle concepts will also be covered. All classes are co-educational.

## Physical Education 20

(5 Credits)  
The goal of the Physical Education 20 course is to enable students to futher develop and master the knowledge, skills, and attitudes necessary to lead an active, healthy lifestyle through a variety of activities in games, individual activities and alternative environments.

## Physical Education 30

(5 Credits)  
Successful completion of this course will prepare students for a life-long committment to physical fitness and well-being. Completion will also prepare students for the challenges of post-secondary education in this field.

## Early Bird PE 10/20/30

(5 Credits)  
Students can take PE 10, 20, or 30 off schedule. The class will meet Tuesday, Wednesday, and Thursday mornings from 7:00-8:00 am and runs from September to June. This class includes all the opportunities and sports offered in regular Phys Ed classes, but also allows us to do sports such as golf, canoeing, hiking, and mountain climbing. Each year the class goes on a camping trip at the end of May/start of June for three days in the mountains.

## Personal Fitness 10

(3 Credits)  
In this course, students will apply basic training and movement principles to health-related and performance-related components of fitness training. The major vehicle to investigate these concepts will be Resistance Training focussing on coaching and performing fundamental movement patterns. Other topics will focus on basic concepts of mobility, energy system development, program development, and injury management. All of these concepts will be integrated into “lab” experiences in a training environment. Students can expect to be able to design their own training program, and be competent to critically evaluate other types of training programs. Students should ideally have an interest in the field of health and wellness as well as be disciplined in a self-directed style of learning.

## Personal Fitness 20

(5 Credits)  
In this course, students will continue to develop their knowledge and understanding of basic training and movement principles to health-related and performance-related components of fitness training. Students’ competency with Resistance Training will evolve with a focus on group exercise trends, a deeper investigation of core musculature and its training, and nutrition related to sport, recreational activity, and training. Other topics will include further investigation and experience with energy system development, mobility, program development, and exercise leadership/coaching. All of these concepts will be integrated into “lab” experiences in a training environment. Students can expect to be able to design their own training program, be able to lead a group through an efficient and effective training session, and be competent to critically evaluate other types of training programs.

## Personal Fitness 30

(5 Credits)  
In this course, students will investigate and experience high performance variables associated with health and fitness related components of physical training. Students’ competency with Resistance Training will continue to evolve with a focus on SAQ (speed, agility, and quickness), a deeper investigation of mobility and its training, and a thorough experience with ESD (energy system development). All of these concepts will be integrated into “lab” experiences in a training environment. The topic of Periodization will be covered, which ties together all of the concepts taught in Personal Fitness 10, 20, and 30. Students can expect to be able to design their own holistic training program, including warm up, mobility, SAQ, resistance training, ESD, cool down, and injury management.





# COMPLIMENTARY COURSES



## Guitar 10/20/30

(3 or 5 Credits)  
This course offers an in-depth study of Western music with a focus on the guitar. Students will be divided into three levels: Beginner, Intermediate and Advanced. From there, students will work in small groups on improving their playing ability within their level of proficiency. Topics of study will include theory, music making, a history of Western guitar music, pop (rock) music, and composition. Independent study will be encouraged, as students will be expected to choose and practice songs that fall within their range of abilities. Students will be expected to provide their own acoustic guitar. Rental options will be available through the school. Bottom line: If you want to learn for the first time, or you've been shredding since you could hold your first axe, this is the class for you.

## Art 10/20/30

(3 or 5 Credits)  
Students will develop an appreciation and understanding of design, drawing, painting, printmaking, sculpture, stained glass, and art history. Students will learn the fundamentals of art and will have the opportunity to explore a variety of art making mediums, techniques, and styles. Art 20 and 30 encourages students towards greater proficiency and self-expression through visual media. Budding artists are encouraged to develop their own personal style through research and practical studio work. Originality of design and idea are emphasized with a personal portfolio of work which serves as the final product for the course.



## Choral 10

(3 Credits)  
This course is for both novice and experienced singers - all are welcome! Students in Choral 10 will continue to build upon their vocal technique and music theory skills, while also engaging with various musical pieces and genres. Students will work as a cohesive and unified group in preparation for an end of semester production.



## Drama 10/20/30

(3 or 5 Credits)  
Students will develop self-confidence and discipline along with learning the dramatic aspects of movement, speech, and theatre craft. Students will engage in acting and improvisation, as well as strengthening their ability to analyze character motivations and directives. Opportunities will be presented to enthusiastic students who wish to participate in performances and productions in school and at the Shell Theatre.



## Technical Theatre 10/20/30

(3 or 5 Credits)  
As actors create brilliantly believable roles, the production team collectively designs a visually stimulating and moving show piece that fully supports and enhances those believable roles. Technical Theatre is an integral part of making a drama production successful. Possible components of study include: costume design, lighting, stage make-up, hair, management (business/house/stage), properties, set and sound. If you would like to be a part of the St. JPII Drama Program join Technical Theatre!

## Musical Theatre 10

(3 Credits)  
This course offers students the opportunity to combine their passions for dancing, singing, and acting, and hone their skills in each of these disciplines. This course will focus on creating camaraderie and a positive environment amongst performers who will work together in preparation for an end of semester production. It will also delve into the history of musical theatre and the well known performances of past and present. This fun, active, and energetic course is open to all novice or experienced performers who wish to share their love of the Fine Arts!





# Communication Technology 10/20/30

(3 or 5 Credits)

Communication Technology courses are designed to develop student awareness of presentations and communications, print, video, and media design. Students develop and apply important knowledge, skills, and attitudes so they can provide well designed and aesthetically effective communication solutions. Courses are activity centered and provide opportunities to explore graphic design through screen printing and computer graphics, and visual imaging through animation and video editing.

Using industry standard software and equipment, students develop their own ideas and follow them through to the final production and presentation of their work.



# Broadcasting 10

(3 Credits)

Part of the Communication Technology cluster of courses, Broadcasting 10 introduces students to the art and technique of creating powerful visual messages. In this student-directed course, participants will learn the basics of video broadcasting and editing, including the three stages of production: pre-production, production, and post production. Students will have the opportunity to create video broadcasts of live school events, edited news pieces for school displays and the school YouTube channel, videos and commercials, and learn to use special effects.

# Photography 10/20/30

(3 or 5 Credits)

Part of the Communication Technology cluster of courses, Photography 10, 20, and 30 helps students develop the knowledge and skills needed to create, set up, capture and use effective and meaningful images. Students will explore the basics of image acquisition, management, composition, manipulation, and editing. Students enrolled in the course will have access to DSLR cameras and photography equipment. If you have an interest in computers, cameras, and photography this is the course for you!

# Fashion Studies 10

(3 Credits)

If you love the idea of creating your own accessories and clothing, then Fashion Studies is the course for you! This course involves the study of clothing and textiles within the fashion industry, life skills, and personal creativity. In Fashion Studies 10 students have the opportunity to familiarize themselves with the operation of the sewing machine, and how to read and use a pattern. Projects may include stuffed animals, purses, handbags, pants, tops, and jackets.

# Construction and Fabrication 10/20/30

(3 or 5 Credits)

Construction and Fabrication courses are designed to provide an opportunity to develop the knowledge, skills, and attitudes relative to the design and construction of wood and metal products. Students are provided with a broad base of relevant theory and practice that builds daily living and career specific skills. Successful completion of courses in this strand is intended to provide students with the skills and experience required for entry-level employment or for further post-secondary education. Skills as a carpenter or welder are valuable for personal use or in preparation for a variety of careers. Students will review general safety practices as well as measurement and drafting assignments. Students will be required to demonstrate safe work practices before entry to the lab will be permitted.



# Foods 10/20/30

(3 or 5 Credits)

Each Foods class consists of 3 or 5 courses taken at the introductory, intermediate, or advanced level. As the students progress through the courses they become less dependent on the teacher for direction and actively manage their own learning. By developing basic, integrated, and career specific knowledge, skills and attitudes in the context of foods, students will have the ability to adapt to the challenges of change with increased flexibility and confidence.





# French as a Second Language

The high school course structure for French as a Second Language is French 10-9Y, French 20-9Y, and French 30-9Y. In these courses, 9Y refers to years of FSL from start to finish. This means students who started FSL in grade four will have completed nine years of study by the end of grade twelve.

## French 10-9Y

Prerequisite: French 9  
(5 Credits)  
This course is designed for students who have elementary and junior high background in French. Students will engage in various language activities in structured contexts to develop fundamental written and oral skills. The focus is on comprehensible and accurate usage of verb tenses and vocabulary building.

## French 20-9Y

Prerequisite: French 10  
(5 Credits)  
Students will continue to use a multidimensional approach to develop knowledge of French vocabulary, grammar, and culture. Engaging in grade level specific language activities in structured contexts will enable all students to develop advanced written and oral skills. Themes include the senses and feelings, fads and fashions, close friends, and consumerism.

## French 30-9Y

Prerequisite: French 20  
(5 Credits)  
After having studied French through elementary, junior high, and high school, students will have the opportunity to put all of their knowledge into practice. Topics covered will include the world of work, travel and tourism, the role of the media, and conservation and the environment. Students will have many opportunities to practice communicating with one another through various forms of technology. Focus will be given to coherence in written and spoken forms as well as the conditional tense.

# French Immersion

Students wishing to pursue French Immersion studies at St. John Paul II may do so by registering in French Immersion Distance Learning courses. The following courses are available with on-line support.

- French Language Arts 10-1, 10-2, 20-1, 20-2, 30-1, 30-2
- Mathematiques 10, 20, 30
- Science 10
- Biologie 20, 30
- Chimie 20, 30
- Physique 20, 30
- Etudes Sociales 10-1
- Carriere et vie (CALM)
- Psychologie 20, 35
- Criminalistique (Forensic Science 25, 35)

To register in any of these courses, students should speak to the Principal or Counsellor.



# Creative Writing 15/25/35

(3 Credits)  
This course will explore the craft of writing with the aim of improving the creative writing process, critiquing one's own works, exploring topics of student interest, readying a work for publication, and building a writing portfolio suitable for submitting to colleges or universities.



# Outdoor Living

(3+2 Credits)  
With increasing public interest in wilderness locations for recreation and leisure, there is also an increased demand for people to have a working knowledge of what to do in case of an emergency situation. By educating students to understand why we plan for a safe trip but also prepare for emergency situations, we increase the chance of everyone coming back from an outdoor excursion safely. Students enrolled in this course will earn three credits in class with the opportunity to earn two additional credits by participating on an outdoor excursion in late May. In order to participate on the outdoor excursion, students must pass the first aid course run during Phys Ed 10, and have passed the CTS module *Outdoor Survival Skills (WLD 1130)* covered during the in-class portion of the course.

# Peer Mentorship

(3 Credits)  
Students will learn about the characteristics of positive mentoring relationships in their personal lives and society. The program explains and develops the relationship between mentor and mentee. Students will build a personal profile to prepare them for their role as mentor and demonstrate mentoring skills while engaged in a mentoring relationship.







## General Sociology 20

(3 Credits)  
This course in sociology is designed to develop within the student a better understanding of group behaviour. This understanding should be based on fact rather than opinion. The sociological perspective focuses on “what is” rather than “what ought to be.” Students should be able to analyze occurrences around them objectively. They should feel themselves to be a part of society, understand its influence on their lives, and visualize their roles in societal change. Offered through ADLC unless adequate demand exists.



## Forensic Science

Forensic Science is the application of scientific principles, methods, and technologies for the purpose of solving debates, including legal proceedings. Through the study of forensic science, students are given the opportunity to explore how scientific concepts from a variety of disciplines (biology, chemistry, and physics) apply specifically to this unique field. Offered through ADLC unless adequate demand exists.

### Forensic Science 25

Prerequisite: Science 10, 14, or 24  
(3 Credits)  
This course explores topics such as:

- Types of crime scene evidence
- Fingerprint, trace evidence, and bodily fluid analysis
- DNA evidence in investigating and prosecuting crimes
- Document analysis in investigating and prosecuting crimes
- Polygraph testing
- Impaired driving and blood alcohol testing

### Forensic Science 35

Prerequisite: Forensic Science 25  
(3 Credits)  
This course explores topics such as:

- The investigative process
- Law enforcement equipment and police canines
- Criminal profiling, forensic anthropology, and forensic entomology
- Forensic toxicology
- Arson, explosives, and ballistics
- Footwear, tire, and tool mark impressions
- Novel study

## General Psychology 20

(3 Credits)  
This course is designed to develop the skills and understandings that make it possible for more effective living in our complex environment. Attention will be focused on the social approaches to understanding human behaviour so that students may appreciate more fully the reasons that underlie their own actions and the actions of others. Topics of study include personality, behaviour, intelligence, influences on behaviour, and understanding and perception. This course is designed as a basic introduction to the field of psychology. Offered through ADLC unless adequate demand exists.

### Personal Psychology 20

(3 Credits)  
This course is designed to develop the skills and understandings that make it possible for more effective living in our complex environment. Attention will be focused on the social approaches to understanding human behaviour so that students may appreciate more fully the reasons that underlie their own actions and the actions of others. Topics of study include the history of psychological schools of thought, principles of learning, process of thinking, facing frustration and conflict, emotional problems, behaviour disorders, and career opportunities in psychology. This course is designed as a basic introduction to the field of psychology. Offered through ADLC unless adequate demand exists.

### Abnormal Psychology 30

Prerequisite: General Psychology 20 OR Personal Psychology 20  
(3 Credits)  
This course is designed to provide an overview of abnormal behaviours and the conditions that affect individuals in our society. Topics of study include views of abnormality, causal factors, types of disorders, as well as assessment, prevention, and treatment. Offered through ADLC.

### Experimental Psychology 30

Prerequisite: General Psychology 20 OR Personal Psychology 20  
(3 Credits)  
This course is designed to provide an introduction to experimental psychology. Topics of study include statistics, research methods, and research projects. Offered through ADLC.







# STUDENT AWARDS

St. John Paul II Catholic School has a comprehensive Awards Program that is both school based and community supported. Students can earn awards in many categories.



## Honour Roll

The criteria for the St. JP II Honor Roll is:

### Grade 9

Students must achieve an average of at least 80% in the following courses:

- Four core courses AND
- Religion AND
- One other course.

### Grade 10, 11, and 12

Students must achieve an average of at least 80% in the following courses:

- Three core courses AND
- Religion AND
- One other 5 credit course OR two 3 credit courses OR two three credit CTS courses (six 1 credit modules)

Note: All averages must be a firm 80% or better. There is no rounding up. Students must not have failing grades in any other courses. Please note that the ST. JP II Honour Roll criteria does not directly reflect the Provincial Rutherford Scholarship criteria.



## Rutherford Scholarships

The scholarship has a maximum value of \$2,500 and is based on scholastic achievement in Grades 10, 11, and 12. Applicants must be Alberta residents, be enrolled full-time in a post-secondary program of at least one semester in length, or be an apprenticeship student. Students must apply by May 1 for post-secondary studies starting in September, or by December 1 for post-secondary studies starting in January. Visit [alis.alberta.ca/scholarships](http://alis.alberta.ca/scholarships) for a list of frequently asked questions regarding courses and view sample assessments.

## Student Awards Include:

### Grade 9

- Core subject awards
- Religion award (\$50)
- Award for dedication and perseverance (\$100)

### Grade 10

- Religion award (\$75)
- 1st and 2nd Honours (2 x \$100)
- 3rd and 4th Honours (2 x \$25)
- Award for dedication and perseverance (\$100)

### Grade 11

- Religion award (\$75)
- 1st Honours (\$300)
- 2nd Honours (\$250)
- 3rd Honours (\$200)
- Award for dedication and perseverance (\$100)

### Grade 12 (abbreviated list)

- Religion award (\$100)
- Core subject awards
- Physical Education award (\$250)
- Biology/Chemistry/Physics award (\$200)
- Scholarships and Bursaries totaling over \$10,000

### Special Awards

- Leadership award (\$100)
- Art award (\$150)
- Drama award
- Communication Technology award (\$100)
- Creative Writing award
- Art Special Projects award (\$150)
- Construction award (\$300)
- Technical Education award (\$100)
- Award for dedication and perseverance (\$200)
- Citizen of the Year (2 x \$100)

## Athletic Awards Include:

### Grade 9 Junior Athletics

- Most Outstanding Athlete - Male
- Most Outstanding Athlete - Female
- Grade 9 Patriot - Male
- Grade 9 Patriot - Female

### Senior Badminton

- Most Outstanding Athlete - Male
- Most Outstanding Athlete - Female
- Caleb Bush Memorial

### Senior Volleyball

- Most Valuable Player - Female
- Dave Nyhuis Memorial Most Valuable Player - Male
- Unsung Hero Award - Female
- Unsung Hero Award - Male

### Senior Basketball

- Most Valuable Player - Male
- Most Valuable Player - Female

### Rugby

- Rookie of the Year - Female
- Rookie of the Year - Male
- Most Valuable Player - Female
- Most Valuable Player - Male

### Senior Athletics

- Most Dedicated Athlete
- High School Patriot
- Most Outstanding Athlete - Male
- Most Outstanding Athlete - Female
- Andy Polanski Memorial Award
- Caritis Christi Male and Female Award

# ATHLETIC AWARDS

Each year in June, after the conclusion of all school sponsored athletic activities, the Athletic Department hosts an “Annual Athletic Awards Event.” This event recognizes all of our athletes who have chosen to participate in the variety of extracurricular athletic programs offered at our school. At this celebration, individual activity and team awards are presented, as determined by the Athletic Department, and selected by the respective coaches. In addition, the male and female Junior and Senior Athletes of the Year are selected and recognized.





“Let your faith shine before the world.”

- St. John Paul II

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