



May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
			1 3- Outdoor Games 4- Outdoor Games	2 PD Day No School
5	6 1- Softball 2- Lacrosse	7 Early Dismissal A- Fun Day Planning B- Fun Day Planning C- Fun Day Planning D- Fun Day Planning	8 3- Circuit Training 4- Lacrosse	9
12	13 1- Longshotz Driving Range 2- Softball	14 A- Velodrome (9:30-11:00) B- Outdoor Games C- Combat Archery D- Hive Fit Co	15 3- Softball 4 - Longshotz Driving Range	16
19 Victoria Day No School	20 Switch Day (Monday Schedule)	21 Track and Field Day No CTF Courses	22 3- Longshotz Driving Range 4- Softball	23
26	27 1- Lacrosse 2- Longshotz Driving Range	28 OLA and St. Nicholas Fun Day!	29 3- Lacrosse 4- Kickboxing	30

Notes

BEHAVIOUR

Students are expected to follow all Sports for Life Program rules and guidelines. All rules and expectations will be outlined in the handbook and/or discussed with students on the first day, or prior to activity.

PERMISSION FORMS

It is the student's responsibility to ensure that their permission forms are signed by a parent/guardian and returned so that they will be able to attend scheduled activities.

CLOTHING

Students are responsible for ensuring that they are prepared each day with appropriate active clothing and a pair of indoor shoes each day. Students should also be prepared for outdoor activities and dress appropriately.

