



# St. John Paul II Catholic School

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## Grade 7 / 8 CTF and Option Courses 2025/2026

We are pleased to offer exciting complementary courses that enhance our students' education. St. John Paul II continues to offer a selection of courses in the arts, athletics, languages, technology and science. We are proud to offer many interesting choices that appeal to the diverse interests of our learners, while remaining a faith-centered, Catholic school.

\*Please note:

- CTF courses may require additional fees on a cost recovery basis for projects, materials or field trips. All course fees are listed beside the course description.
- Students with outstanding fee balances will not be permitted to continue with their chosen option programming. Please ensure that balances are paid prior to the start of the program, or that payment arrangements have been made through the school office
- CTF courses run based on enrolment numbers. Please be aware that if a course does not meet the minimum enrollment numbers, it will not be offered.

**We are optimistic that we will be able to offer a wide range of CTF options for 2025-2026. However, it is important to note that CTF courses have the potential to change due to unforeseen circumstances.**

## Programming

<p><b>Sport For Life 7 / 8</b></p> <p><b>Full Year Program</b></p>	<p>The mission of the <i>Sport for Life Program</i> is to provide students exposure to a variety of sport and recreation activities in a Catholic environment with the focus on creating life-long active and healthy lifestyles. Students will have the benefit of building athletic skill, along with leadership qualities in a faith-filled setting. The program is based on the Canadian Sport for Life model, which is a movement to improve the quality of sport and physical activity in Canada through improved athlete training and better integration between all stakeholders in the sport system, including sport organizations, education, recreation and health.</p> <p><i>Sports for Life is an application-only program. When receiving their course selection form, students interested in Sports for Life will be responsible for answering numerous questions as to why they should be enrolled in Sports for Life. Placement will be decided based on available numbers, grade level balance, teacher recommendations, and the application process. Students who participate in Sports for Life have limited opportunities to participate in other CTF Options.</i></p>	<p><b>Cost: \$1120.00</b></p> <p><b>\$150.00 non-refundable deposit required to cover cost of apparel.</b></p>
<p><b>Performing Arts 7 / 8</b></p> <p><b>Full Year Program</b></p>	<p>The Performing Arts program provides students an exposure to a variety of drama disciplines, with a focus on theatre, in a Catholic environment where we focus on developing our gifts from God: creativity, ingenuity, empathy, leadership, and innovation. This program is based around the fine arts of; drama, music, and dance. Students will have the opportunity to learn and further their skills in singing, dancing, and acting. They will also have the opportunity to create choreography, and some hands-on training in the many aspects of staging a musical theatre production, including; set design and construction, makeup, props, advertising and promotion, and backstage management. During this option students will be acquiring skills through small, focused works as well as a large scale production. When opportunities present themselves students will have the chance to build on community partnerships, and work with experts in various fields.</p> <p><i>Students who participate in Performing Arts have limited opportunities to participate in other CTF Options throughout the year.</i></p>	<p><b>Cost: \$425.00</b></p> <p><b>\$100.00 non-refundable deposit required to cover cost of program apparel.</b></p>

<b>French 7</b>	This course is a continuation of Grade 6 French. (French 7 is a prerequisite for French 8). Students will be increasing their fundamental skills to read, comprehend and speak fluently as well as spontaneously. Students will enjoy partner/group projects and interactive activities to enhance their experience with learning French. Themes in the French 7 program include; <b>School, People Around Me, Weather and Holiday and Celebrations.</b>	<b>\$10.00</b>
<b>French 8</b>	This course is an extension of the grade 7 program (Prerequisite French 7 course is required). A more in-depth presentation of grammar is made as well as hands on projects/assignments to maximize the students' French language experience. An increased effort is made on being able to read, comprehend and speak fluently as well as spontaneously. Themes in the French 8 program include; <b>Animals, Clothing, Food and Holidays and Celebrations.</b>	<b>\$10.00</b>
<b>Art 7 / 8</b>	Students have an opportunity to explore a variety of two-dimensional art, such as pencil drawing techniques, oil and chalk pastel, watercolor, tempera, and acrylic paints. Students will experiment with drawing and shading, painting, and colour blending. Students will also create three-dimensional sculptures using materials such as wire, cardboard, clay, and plasticine. Fees cover course materials such as brushes, paints, specialty papers, and other art supplies.	<b>\$25.00</b>
<b>Construction 7 / 8</b>	The CTF construction option provides students with opportunities to explore, create, plan and evaluate different techniques and strategies related to the world of woodworking. Students identify safety hazards in the construction lab. They operate both hand and power equipment appropriately and demonstrate their construction skills by completing various assigned tasks. Students work in a safe environment where they can apply new skills successfully. Students will have an opportunity to demonstrate their comprehensive knowledge and understanding of wood construction including planning, creating, modifying and evaluating progress as well as demonstrate their problem solving skills as they work through their challenge.	<b>\$70.00</b>
<b>Forensics 7 / 8</b>	In this class, students will investigate and evaluate many different types of forensic evidence, how to collect the evidence using various techniques and how the evidence is analyzed. Students will participate in a variety of labs to put their knowledge to practical use and to prepare for investigating and solving a Whodunit Crime! This course will also analyze the strengths and limitations of forensic evidence analysis, the ethical considerations involved in the use of forensic evidence and explore a variety of occupations and potential career opportunities in the field of forensics.	<b>\$10.00</b>
<b>Drama 7 / 8</b>	In this class students will explore the world of dramatic arts, including theatre games, improvisation, and scripted drama. Skills developed will include movement, voice, and expression. The emphasis in drama will be on exploring, having fun and building self-confidence.	<b>\$0</b>
<b>Photography 7 / 8</b>	Students will learn the basics of operating a basic, entry level camera and progress to a more advanced SLR camera. Students will also be introduced to the basics of common photo editing technologies used in the workplace. <ul style="list-style-type: none"> <li>- Basic Photography Skills (Point &amp; Shoot, Prop Photography, Mobile Photography)</li> <li>- Photography Editing via Photoshop and/or Photoshop Equivalent</li> </ul>	<b>\$10.00</b>

<b>Tech Today</b> <b>7 / 8</b>	<p>Students will have the opportunity to learn about up and coming technology that exists in the world around them. They will learn about trends in the technology sector and explore introductory tools to learn the basics of different technologies. Students will learn about varying forms of media from the three principle channels of media: video, photograph and music. The course will include an introduction to:</p> <ul style="list-style-type: none"> <li>- 3D Design, Modeling and Printing.</li> <li>- Block Coding and Computer Coding</li> <li>- Video Editing and Video Composition</li> <li>- Photography Editing &amp; Media Creation</li> <li>- Mixing Music &amp; Digital Music Production</li> </ul>	<b>\$0</b>
<b>Style and Self Care</b> <b>7 / 8</b>	<p>Students will have the opportunity to learn how caring for their body, minds and selves, leads to an overall, well-rounded life experience. They will learn how to properly fuel their bodies through a balanced diet and exercise, as well as how to deal with stress. Students will have guest speakers to help them learn about how to properly care for their skin, nails and hair. Many of the activities are similar to beginning portions of a high school cosmetology course.</p>	<b>\$20.00</b>
<b>Outdoor Education</b> <b>7 / 8</b>	<p>In Outdoor Ed, students are introduced to skills that are vital when planning a successful camping trip. Within the course, students are encouraged to develop the knowledge, skills and positive attitudes necessary for safe and comfortable outdoor experiences in all seasons. The course is composed of numerous general learner outcomes designed to help students enjoy the outdoors while understanding how to do so in a safe, responsible and environmentally friendly manner. Topics such as equipment choice, use and maintenance, menu planning coupled with outdoor cooking, orienteering, map and compass and basic bushcraft skills will be covered within the course timeframe.</p>	<b>\$25.00</b>
<b>Peer Mentoring</b> <b>7 / 8</b>	<p>This course is designed to challenge students to build mentorship skills through peer interactions and volunteering opportunities. Students will plan and provide leadership to cross-graded activities, have opportunities to explore service events within the school and community, and develop interpersonal skills by providing support to peers through learning activities. Throughout this course, students will learn the benefits of volunteers in a community as well as the personal rewards available by volunteering (e.g., self-esteem, self-fulfillment, career awareness, employability, enhanced community awareness, health and wellness).</p>	<b>\$0</b>
<b>Travel and Culture</b> <b>7 / 8</b>	<p>This option will focus on developing an appreciation for different countries and cultures around the world. In addition, we will build skills associated with safe, cost effective, informed and responsible travel. Students will be involved in planning sample travel itineraries and sharing their research about countries of their choosing with their peers. We will also focus on learning about the various cultures in our school with an emphasis on language, cuisine, customs and traditions.</p>	<b>\$0</b>
<b>Environmental Awareness</b> <b>7 / 8</b>	<p>In this class students will learn to appreciate and understand the natural world around them. They will explore what their role is in being a good steward of the world's fragile ecosystems. Students will learn about environmental stewardship, and will seek out opportunities to actively care for the environment of their local community and beyond.</p>	<b>\$5</b>
<b>Foods</b> <b>7 / 8</b>	<p>Students will learn skills about foods and nutrition. Students will review and practice safe and sanitary food handling and safe use of equipment throughout the lab portion of this course. Students will work collaboratively in their kitchens, learning how to select, prepare and serve foods. The fee covers food costs, equipment repairs/upgrades, and additional cooking supplies.</p>	<b>\$55.00</b>
<b>CashFlow</b> <b>7 / 8</b>	<p>CashFlow is a course designed to introduce students to aspects of personal finance and develop strategies to optimize their finances in an interactive game throughout the course. CashFlow relates to the area of Business because students will be discovering and developing skills related to planning, organizing, directing, controlling, and evaluating the operation of financial services, while also expanding their confidence, experience, and skills as innovators and leaders.</p>	<b>\$0</b>
<b>Leadership</b> <b>7 / 8</b>	<p>Students will have the opportunity to explore what leadership means within a school context and gain skills that will set them up for success in the future. An important aspect of being a leader is to help others by displaying empathy for their circumstances. Students in the course will have the opportunity to be involved in the planning and hosting of activities within the school, as well as other community service projects, in line</p>	<b>\$0</b>

	with our Catholic values of service and charity. This course encourages confidence, support, and positivity in our school. <i>This option can be taken in <u>one</u> semester, or students can opt to take it in both semesters.</i>	
<b>Digital Media &amp; Yearbook 7 / 8</b>	Students will work as a team to create the school's yearbook, manage TV displays and bulletin boards, and contribute to the Patriot Post (S'More) newsletter that is sent out weekly. Students will capture events, design pages, and publish content while developing real-world communication and media skills. <i>This option can be taken in <u>one</u> semester, or students can opt to take it in both semesters.</i>	<b>\$0</b>