

November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	1- Yoga 2- Carnival Games	6 Early Dismissal A- Scuba B- On-Ice/Dryland C- Dryland/On-Ice D -Roller Skating	7 3- Carnival Games 4- Curling	8
Remembrance Day No School	Fall Break No School	Fall Break No School	Fall Break No School	15 Fall Break No School
18	19 1- Carnival Games 2-Curling	A- On-Ice /Dryland B- Dryland/On-Ice C- Drea Lea D- Monster Mini Golf	3- Curling 4- Carnival Games	22
25	1- Curling 2- Yoga	A- On-Ice/Dryland B- Scuba C- Monster Mini Golf D- Dryland/On-Ice	28 3- Yoga 4- Gymnasium Activity	29

Notes

BEHAVIOUR

Students are expected to follow all Sports for Life Program rules and guidelines. All rules and expectations will be outlined in the handbook and/or discussed with students on the first day, or prior to activity.

PERMISSION FORMS

It is the student's responsibility to ensure that their permission forms are signed by a parent/guardian and returned so that they will be able to attend scheduled activi

CLOTHING

Students are responsible for ensuring that they are prepared each day with appropriate active clothing and a pair of indoor shoes each day. Students should also be prepared for outdoor activities and dress appropriately.