



October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
30	1 Switch Day (Monday)	2 Early Dismissal A- On Ice and Dryland B- Roller Skating C- Dryland and On Ice D- Activate	3 3- Leadership 4- Volleyball	4 PD Day No School
7	8 1- Leadership 2- Volleyball	9 A- Activate B- On Ice and Dryland C- Roller Skating D- Dryland and On Ice	10 3- Volleyball 4- Leadership	11
14 Thanksgiving Day No School	15 1- Volleyball 2- Leadership	16 A- On Ice and Dryland B- Dryland and On Ice C- Activate D- Roller Skating	17 Switch Day (Monday)	18
21	22 1- Leadership 2- Volleyball	23 A- On Ice and Dryland B- Activate C- Dryland and On Ice D- Swimming at MP	24 3- Leadership 4- Volleyball	25
28	29 1- Volleyball 2- Leadership	30 A- Roller Skating B- On Ice and Dryland C- Swimming at MP D- Dryland and On Ice	31 3- Volleyball 4- Leadership	1

Notes

BEHAVIOUR

Students are expected to follow all Sports for Life Program rules and guidelines. All rules and expectations will be outlined in the handbook and/or discussed with students on the first day, or prior to activity.

PERMISSION FORMS

It is the student's responsibility to ensure that their permission forms are signed by a parent/guardian and returned so that they will be able to attend scheduled activities.



CLOTHING

Students are responsible for ensuring that they are prepared each day with appropriate active clothing and a pair of indoor shoes each day. Students should also be prepared for outdoor activities and dress appropriately.