



# January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<div>← Christmas Break →</div>				
8 Snowshoeing	9	10 Early Dismissal A - Activate B - X-Country Skiing @ SWC C - Volleyball & On Ice	11	12 1- Gymnastics 2- Snowshoeing
15 Gymnastics	16	17 Skiing @ Sunridge ALL DAY	18	19 1- Snowshoeing 2- Gymnastics
22 Snowshoeing Games	23	24 A - On Ice B - Activate C - Volleyball & Activity (DCC)	25	26 1- Gymnastics 2- Snowshoeing Games
29 Gymnastics	30	31 P.D. Day -No School-	FEB. 1 Semester 2 Begins	FEB. 2 1- Snowshoeing Games 2- Gymnastics

## Notes

### BEHAVIOUR

Students are expected to follow all Sports for Life Program rules and guidelines. All rules and expectations will be outlined in the handbook and/or discussed with students on the first day, or prior to activity.

### PERMISSION FORMS

It is the student's responsibility to ensure that their permission forms are signed by a parent/guardian and returned so that they will be able to attend scheduled activities.



### CLOTHING

Students are responsible for ensuring that they are prepared each day with appropriate active clothing and a pair of indoor shoes each day. Students should also be prepared for outdoor activities and dress appropriately.

