

# April 2023

Monday	Tuesday	Wednesday	Thursday	Friday
3	GAMES @ DCC GYM	A - HOUSE OF WHEELS B - TRAPPED ESCAPE ROOMS C - ACTIVATE	1 - GAMES @ DCC GYM 2 - YOGA	NO SCHOOL GOOD FRIDAY
NO SCHOOL EASTER MONDAY	YOGA 11	A - ACTIVATE B - HOUSE OF WHEELS C - TRAPPED ESCAPE ROOMS	13 1 - YOGA 2 - GAMES @ DCC GYM	14
17	GAMES @ DCC GYM	A - TRAPPED ESCAPE ROOMS B - ACTIVATE C - HOUSE OF WHEELS	1 - GAMES @ DCC GYM 2 - YOGA	21
24	YOGA 25	A - VERTICALLY INCLINED B - TBD C - TBD	1 - YOGA 2 - GAMES @ DCC GYM	28

## **NOTES**

## **BEHAVIOR EXPECTATIONS**

Students are expected to follow all Sports for Life Program rules and guidelines. All rules and expectations will be outlined in the handbook and/or discussed with students on the first day, or prior to activity.

### **PERMISSION FORMS**

It is the student's responsibility to ensure that their permission forms are signed by a parent/guardian and returned so that they will be able to attend scheduled activities.

## **CLOTHING**

Students are responsible for ensuring that they are prepared each day with appropriate active clothing and a pair of indoor shoes each day. Students should also be prepared for outdoor activities and dress appropriately.