



# October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5 EARLY DISMISSAL	6	7 NO SCHOOL P.D. DAY
	RUGBY	A/B - ON ICE C - OUTDOOR ACTIVITY & SOCCER @ DCC	1 - RUGBY 2 - TENNIS	
10 NO SCHOOL THANKSGIVING DAY	11 RUGBY	12 A/B - ON ICE C - FITSET NINJA	13 1 - TENNIS 2 - RUGBY	14
17	18 BOWLING	19 C - ON ICE A/B - FITSET NINJA	20 BOWLING	21
24	25 FIELD HOCKEY	26 GATEWAY BOWLING & MONSTER MINI GOLF	27 FIELD HOCKEY	28
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## NOTES

### BEHAVIOR EXPECTATIONS

Students are expected to follow all Sports for Life Program rules and guidelines. All rules and expectations will be outlined in the handbook and/or discussed with students on the first day, or prior to activity.

### PERMISSION FORMS

It is the student's responsibility to ensure that their permission forms are signed by a parent/guardian and returned so that they will be able to attend scheduled activities.

### CLOTHING

Students are responsible for ensuring that they are prepared each day with appropriate active clothing and a pair of indoor shoes each day. Students should also be prepared for outdoor activities and dress appropriately.