

January 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	EARLY DISMISSAL 5	6	7
NO SCHOOL CHRISTMAS BREAK	NO SCHOOL CHRISTMAS BREAK	A - ON ICE & CURLING B - GYM ACTIVITY & ON ICE C - CURLING & GYM ACTIVITY	1 - GYMNASTICS 2 - HANDBALL @ DCC	
10	11 GYMNASTICS	12 A - SWIMMING @ MILLENNIUM PLACE B - ON ICE & CURLING C - CURLING & ON ICE	13 1 - HANDBALL @ DCC 2 - GYMNASTICS	14
17	18 HANDBALL @ DCC	19 A - ON ICE & CURLING B - ORIENTEERING @ RUNDLE PARK C - CURLING & ON ICE	20 1 - GYMNASTICS 2 - HANDBALL @ DCC	21
24	25 GYMNASTICS	26 A - ON ICE & CURLING B - CURLING & ON ICE C - ORIENTEERING @ RUNDLE PARK	27 1 - HANDBALL @ DCC 2 - GYMNASTICS	28
31 NO SCHOOL P.D. DAY/SEMESTER BREAK				

NOTES

BEHAVIOR EXPECTATIONS

Students are expected to follow all Sports for Life Program rules and guidelines. All rules and expectations will be outlined in the handbook and/or discussed with students on the first day, or prior to activity.

PERMISSION FORMS

It is the student's responsibility to ensure that their permission forms are signed by a parent/guardian and returned so that they will be able to attend scheduled activities.

CLOTHING

Students are responsible for ensuring that they are prepared each day with appropriate active clothing and a pair of indoor shoes each day. Students should also be prepared for outdoor activities and dress appropriately.