



December 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		EARLY DISMISSAL 1 A - SWIMMING B - ON ICE & DRYLAND TRAINING C - ON ICE & DRYLAND TRAINING	2 1 - FIELD HOCKEY 2 - GYMNASTICS	3
6	7 FIELD HOCKEY	8 A - ON ICE & DRYLAND TRAINING B - ON ICE & DRYLAND TRAINING C - SWIMMING	9 1 - GYMNASTICS 2 - FIELD HOCKEY	10
13	14 GYMNASTICS	15 TBA	16 1 - FIELD HOCKEY 2 - GYMNASTICS	17
20	21 TAPING CLINIC	22 NO SCHOOL CHRISTMAS BREAK	23 NO SCHOOL CHRISTMAS BREAK	24 NO SCHOOL CHRISTMAS BREAK
27 NO SCHOOL CHRISTMAS BREAK	28 NO SCHOOL CHRISTMAS BREAK	29 NO SCHOOL CHRISTMAS BREAK	30 NO SCHOOL CHRISTMAS BREAK	31 NO SCHOOL CHRISTMAS BREAK

NOTES

BEHAVIOR EXPECTATIONS

Students are expected to follow all Sports for Life Program rules and guidelines. All rules and expectations will be outlined in the handbook and/or discussed with students on the first day, or prior to activity.

PERMISSION FORMS

It is the student's responsibility to ensure that their permission forms are signed by a parent/guardian and returned so that they will be able to attend scheduled activities.

CLOTHING

Students are responsible for ensuring that they are prepared each day with appropriate active clothing and a pair of indoor shoes each day. Students should also be prepared for outdoor activities and dress appropriately.