



September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL LABOUR DAY	FIRST DAY OF SCHOOL NO CTF COURSES TODAY	EARLY DISMISSAL INTRO & EXPECTATIONS CO-OPERATIVE GAMES ULTIMATE FRISBEE		CO-OPERATIVE GAMES
WEDNESDAY SCHEDULE	*TUESDAY SCHEDULE*			
FLAG FOOTBALL ULTIMATE FRISBEE RUGBY	TENNIS (A) RUGBY (B)			TENNIS
TENNIS (B) RUGBY (A)	BIRCH BAY (GR 8'S) RUNDLE PARK DISC GOLF (GR 7'S)			TENNIS
TENNIS (A) RUGBY (B)	FLAG FOOTBALL ULTIMATE FRISBEE RUGBY			TENNIS

NOTES

BEHAVIOR EXPECTATIONS

Students are expected to follow all Sports for Life Program rules and guidelines. All rules and expectations will be outlined in the handbook and/or discussed with students on the first day, or prior to activity.

PERMISSION FORMS

It is the student's responsibility to ensure that their permission forms are signed by a parent/guardian and returned so that he/she will be able to attend scheduled activities.

CLOTHING

Students are responsible for ensuring that they are prepared each day with appropriate Sports for Life clothing and a pair of indoor shoes each day. Students should also be prepared for outdoor activities and dress appropriately.